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The Real Age Makeover



Synopsis

The Real Age Makeover [Paperback] Michael Roizen (Author)

Book Information

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Customer Reviews

The Real Age Makeover [Paperback] Michael Roizen (Author)

This is one of the best books on health you can read. In fact I would say it is a must read for anyone who wants to "take years off their looks and add years onto their life". I've recommended this to many of my friends and bought it for others.

My rating should be enough of an answer, I either liked it or I did not like it! Thank You!

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